

Monitoring Checklist

These are the items you should always take with you on a monitoring visit:

Personal

- **comfortable and appropriate shoes and clothing:** depending on the season long pants, a long sleeved shirt, clothing layers or waterproof shoes might be a good idea
- **insect repellent**
- **sunscreen**
- **first aid kit:** what you carry will depend on your individual needs and the activities you carry out. Some suggestions are antibiotic cream, a mild pain killer, small flashlight, latex gloves, mole skin for blisters, scissors, bandages, antiseptic wipes, tissues, tweezers, safety pins and any special medications you need.
- **rain gear:** it's not a good idea to go out if foul weather is predicted, but for those times when you are caught off guard, an anorak will serve you well in light rain or wind
- **food:** sandwiches, fruit and trail mix are good - avoid food that spoils
- **water bottle**

For monitoring

- **note-taking materials:** note-pad or clipboard, pen, pencil
- **relevant documents:** the Management Plan or Baseline Report (if available), a site map, map of photo points (if available), recent ground photos and the most recent property report, Preserve Monitoring form
- **plastic bag:** to wrap documents in if it starts to rain
- **trash bag:** for rubbish encountered at the site
- **camera and colour film:** check your camera's batteries before leaving!
- **tape measure**

Optional, but recommended

- **monitoring companion:** always try to have one when you go into the field
- **compass**
- **GPS unit**
- **cell phone:** check the batteries